

# EXERCISES IN THE KEY OF C

Ex.1 Root notes only. Quarter notes are used, therefore use down pick strokes.

C

TAB 4/4 3 3 3 3

F

TAB 3 3 3 3

C G7

TAB 3 3 3 3 3 3 3 3

C C

TAB 3 3 3 3 3 3 3 3

C

4 F

7 C G7

10 C C

Ex.2 Root notes only with eighth notes. Use alternating picking.

C

F

C G7

C

C

4 F

7 C G7

10 C C

In exercises 3 through 35, the intervals are shown under the tab and notation. It is essential to learn the intervals as you learn the tunes.

Ex. 3 Major arpeggios (R, 3, 5) with quarter notes.

Tablature for Exercise 3, showing fret numbers and intervals (R, 3, 5, 3) for major arpeggios in C, F, and G7.

System 1: C chord. Fret 3 on bass string, 2 on A, 0 on D, 2 on G. Intervals: R, 3, 5, 3.

System 2: F chord. Fret 3 on bass string, 2 on A, 0 on D, 2 on G. Intervals: R, 3, 5, 3.

System 3: C chord and G7 chord. C: 3 on bass, 2 on A, 0 on D, 2 on G. G7: 3 on bass, 2 on A, 0 on D, 2 on G. Intervals: R, 3, 5, 3.

System 4: C chord. Fret 3 on bass, 2 on A, 0 on D, 2 on G. Intervals: R, 3, 5, 3.

Musical notation for Exercise 3, showing quarter notes and intervals (R, 3, 5, 3) for major arpeggios in C, F, and G7.

System 1: C chord. Fret 3 on bass string, 2 on A, 0 on D, 2 on G. Intervals: R, 3, 5, 3.

System 2: F chord. Fret 3 on bass string, 2 on A, 0 on D, 2 on G. Intervals: R, 3, 5, 3.

System 3: C chord and G7 chord. C: 3 on bass, 2 on A, 0 on D, 2 on G. G7: 3 on bass, 2 on A, 0 on D, 2 on G. Intervals: R, 3, 5, 3.

System 4: C chord. Fret 3 on bass, 2 on A, 0 on D, 2 on G. Intervals: R, 3, 5, 3.

Ex. 4 Arpeggios and eighth notes. Use alternating picking.

**System 1: C**  
 T: [Diagram: 4 frets, 5 frets, 6 frets, 7 frets, 8 frets, 9 frets]  
 A: 0-0 2-2 2-2 0-0 2-2 2-2  
 B: 3-3 2-2 2-2 3-3 2-2 2-2 3-3 2-2 0-0 2-2  
 Picking: R 3 5 3

**System 2: F**  
 T: [Diagram: 4 frets, 5 frets, 6 frets, 7 frets, 8 frets, 9 frets]  
 A: 0-0 2-2 2-2 1-1 2-2 2-2 1-1 2-2  
 B: 3-3 2-2 2-2 3-3 2-2 2-2 3-3 2-2 1-1 2-2  
 Picking: R 3 5 3

**System 3: C G7**  
 T: [Diagram: 4 frets, 5 frets, 6 frets, 7 frets, 8 frets, 9 frets]  
 A: 0-0 2-2 2-2 0-0 2-2 2-2 0-0 2-2  
 B: 3-3 2-2 2-2 3-3 2-2 2-2 3-3 2-2 0-0 2-2  
 Picking: R 3 5 3

**System 4: C**  
 T: [Diagram: 4 frets, 5 frets, 6 frets, 7 frets, 8 frets, 9 frets]  
 A: 0-0 2-2 2-2 0-0 2-2 2-2 0-0 2-2  
 B: 3-3 2-2 2-2 3-3 2-2 2-2 3-3 2-2 0-0 2-2 3-3

**System 1: C**  
 R 3 5 3

**System 2: F**  
 R 3 5 3

**System 3: C G7**  
 R 3 5 3

**System 4: C**

Ex. 5 Add the  $\flat 3$  blue note to the arpeggios.

Diagrammatic notation for guitar in 4/4 time, showing fretboard positions and fingerings for arpeggios. The notation includes strings T, A, and B, and fret numbers (0-2, 3-5).

**System 1: C Major**  
 Chord: C  
 Fingering: R  $\flat 3$  3 5

**System 2: F Major**  
 Chord: F  
 Fingering: R  $\flat 3$  3 5

**System 3: C Major and G7**  
 Chord: C  
 Chord: G7  
 Fingering: R  $\flat 3$  3 5

**System 4: C Major**  
 Chord: C  
 Fingering: R  $\flat 3$  3 5

Musical notation in 4/4 time, showing the melodic line for the arpeggios. The notation includes treble clef, 4/4 time signature, and notes with accidentals (flat and sharp).

**System 1: C Major**  
 Chord: C  
 Fingering: R  $\flat 3$  3 5

**System 2: F Major**  
 Chord: F  
 Fingering: R  $\flat 3$  3 5

**System 3: C Major and G7**  
 Chord: C  
 Chord: G7  
 Fingering: R  $\flat 3$  3 5

**System 4: C Major**  
 Chord: C  
 Fingering: R  $\flat 3$  3 5

Ex. 6 Add the 6 to the major arpeggio to create the major 6 arpeggio.

Diagrammatic guitar notation for Ex. 6, showing fretboard positions for C, F, and G7 chords. The notation includes treble (T) and bass (B) staves with fingerings and a rhythmic pattern of quarter notes. Chord names (C, F, G7) are placed above the corresponding measures.

**System 1: C Chord**

Measure 1: C (R 3 5 6) | 3 3 2 2 0 0 2 2 |

Measure 2: C | 3 3 2 2 0 0 2 2 |

Measure 3: C | 3 3 2 2 0 0 2 2 |

**System 2: F Chord**

Measure 4: F (R 3 5 6) | 3 3 2 2 0 0 2 2 |

Measure 5: F | 3 3 2 2 1 1 3 3 |

Measure 6: F | 3 3 2 2 1 1 3 3 |

**System 3: C and G7 Chords**

Measure 7: C | 3 3 2 2 0 0 2 2 |

Measure 8: C | 3 3 2 2 0 0 2 2 |

Measure 9: G7 (R 3 5 6) | 3 3 2 2 0 0 2 2 |

Measure 10: G7 | 3 3 2 2 0 0 2 2 |

**System 4: C Chord**

Measure 11: C | 3 3 2 2 0 0 2 2 |

Measure 12: C | 3 3 2 2 0 0 2 2 |

Measure 13: C | 3 3 2 2 0 0 2 2 |

Measure 14: C | 3 3 2 2 0 0 2 2 |

Musical notation for Ex. 6, showing the melodic line in treble clef. The notation includes a key signature of one sharp (F#) and a 4/4 time signature. Chord names (C, F, G7) are placed above the corresponding measures.

**System 1: C Chord**

Measure 1: C (R 3 5 6) | C4, D4, E4, F#4 |

Measure 2: C | C4, D4, E4, F#4 |

Measure 3: C | C4, D4, E4, F#4 |

**System 2: F Chord**

Measure 4: F (R 3 5 6) | F4, G4, A4, B4 |

Measure 5: F | F4, G4, A4, B4 |

Measure 6: F | F4, G4, A4, B4 |

**System 3: C and G7 Chords**

Measure 7: C | C4, D4, E4, F#4 |

Measure 8: C | C4, D4, E4, F#4 |

Measure 9: G7 (R 3 5 6) | G3, F#4, E4, D4 |

Measure 10: G7 | G3, F#4, E4, D4 |

**System 4: C Chord**

Measure 11: C | C4, D4, E4, F#4 |

Measure 12: C | C4, D4, E4, F#4 |

Measure 13: C | C4, D4, E4, F#4 |

Measure 14: C | C4, D4, E4, F#4 |